



Title: Clacton to Walton

Distance: 7 miles


Time taken: 2½ hours

Location: Clacton on Sea coastal path

OS Explorer Map: 184

Grid Reference: TM 184 150

Parking: Thorpe-le-Soken Rail Station (for trains from Walton, & to Clacton)

Bus:  3 or 4 to Clacton Pier (every hour), and 105,107,109 from Walton to Colchester, via Thorpe le Soken. Hourly buses 7/7X/8 run from Walton-on-the-Naze back to Clacton-on-Sea.

Train:  Liverpool St. - Colchester - Clacton-on-Sea, returning from Walton-on-the-Naze via Thorpe le Soken.

Refreshments: there are several beach kiosks along the route, offering tea and coffee, ice creams and snacks.

PEAR Rating: 

Walk Description

This is a very pleasant walk along the sea wall from Clacton to Walton on the Naze. The sea wall is mostly below street level in the built up areas meaning there is little traffic noise. However once past the residential area, the sea wall is actually higher than the neighbouring land, so that there are lovely views across Holland Haven Country Park. From the beach huts of Frinton you can, tides permitting, walk along the smooth firm sands all the way along the coast to Walton.

This walk is ideal for a hot summer's day, with sea breezes and plenty of ice cream and drinks along the way. The coastal walk could be extended to the north of Walton on the Naze to visit the John Weston Nature Reserve.

Directions

A. From Clacton-on-Sea rail station (1), walk through the small park in front of the station and head down Carnarvon Road to the left of the Library, until you come to the junction with Marine Parade. Cross over onto the coastal pavement and turn left.

B. As you walk along the pavement, look out for a path down to the sea wall you can see on your right. Once on the sea wall, turn left and head north east along the coast.

C. Keep walking. You will pass several rows of beach huts on your left, as well as some kiosks selling snacks, and will be able to see the Gunfleet Sands wind farm far out to sea, on your right.

D. Keep walking. The sea defences along this part of the Essex coast are varied, with the original wooden groynes still visible, as well as breakwaters, pre-cast concrete structures (2), and rock armour at various places along the route.

E. Keep walking. You will pass some more beach huts (3). After walking along the coast for about 2½ miles, you will pass a tall radio tower. Just after this point the lower sea wall path begins to look a little unpleasant, being covered with seaweed and shingle. Turn slightly to the left, up a concrete slope, to the higher sea wall path.

F. Keep walking. Holland Haven Country Park is inland as you approach Frinton-on-Sea (4).

G. Keep walking. As you pass Frinton golf course you can see some beach huts ahead of you, which are unusual, being built on stilts over the beach. Tides permitting, you can turn right down some steps immediately before the first of these huts to reach the beach, and you can walk the rest of the way along the sands (5). Otherwise, continue along the sea wall.

H. Keep walking. If you have chosen the beach route you will have to climb over very, very many wooden groynes.

I. Keep walking until you are almost at Walton pier, then turn left to go inland and walk up The Parade to Walton-on-the-Naze Station.

[ROUTE DIRECTIONS at www.essexwalks.com](http://www.essexwalks.com)

The ROUTE MAP and ROUTE PHOTOS **also** need to be downloaded and saved on your computer for printing.



The Route Map PDF can be downloaded from this page: [Description & Map](#)



The Route Photos PDF can be downloaded from this page: [Photos](#)

This route description is not meant to be used in isolation, it is one piece of a three part guide to the walk. The other two pieces are the route map, and the numbered photographs. The walks work best when the description, map and the photos PDF are printed off and used in conjunction with each other.

The numbers in brackets in the description refer to specific points along the route, marked with numbered symbols and these in turn are matched to illustrative photographs which show you the lie of the land.



These symbols are shown at strategic points along the route, overlaid on a 1:50K Ordnance Survey map: [Online OS Map at www.essexwalks.com](#).

Unless otherwise stated, the parking facilities available on this walk may not be suitable for large walking groups or those arriving in more than one car. Parking cannot be guaranteed. If you are using a car, be considerate with your parking: parking areas in rural communities are primarily for local use: please don't abuse this and spoil it for others. It could result in parking controls being tightened, requiring the withdrawal of the walk route. For more see: [Courtesy](#)